

3rd Osteosynthesis Cadaveric Course on Wrist Surgery for Young Orthopedic Surgeons

Thursday 23 / 10 /2025

11.30 - 12.00 Registration

12.00 - 13.00 **Theoretical part**

12.00-12.15 President welcome
12.15-12.25 Distal Radius Fracture. Palmar-Dorsal Approach – I. Tsionos
12.25-12.35 Complications following distal radius fracture repair – I. Gkiatas
12.35-12.45 Distal Ulnar Fractures – D. Kosmas
12.45-12.55 Ulnar Shortening Osteotomy – A. Korompilias
12.55-13.30 Discussion

13.30-16.15 **Practical part** (1+2 exercises)

13.30-13.45 Hardware Product Introduction “APTUS System” by Medartis
13.45-14.10 Master table - step by step 1st exercise (Distal Radius fracture volar approach) – I. Tsionos
14.10-15.00 Distal Radius fracture volar approach (trainees)
15.00-15.25 Master table – step by step 2nd exercise (Distal Radius fracture dorsal approach) – I.Kostas-Agnantis
15.25-16.15 Distal Radius fracture dorsal approach (trainees)

16.15-16.45 Coffee Break

16.45-19.30 **Practical part** (3+4 exercises)

16.45-17.10 Master table - step by step 3rd exercise (Distal Ulna fracture) – F. Giannoulis
17.10-18.00 Distal Ulna fracture (trainees)
18.00-18.40 Master table – step by step 4th exercise (Ulnar or Radial Shortening Osteotomy) – A. Korompilias
18.40-19.30 Ulnar or Radial Shortening Osteotomy (trainees)

Speakers-Instructors

Efstratios Athanaselis	Senior Consultant Orthopaedic Dpt. University Hospital of Larissa
Filippos Giannoulis	Director, Department of Hand Surgery & Microsurgery, DTCA «Hygeia» Hospital, Athens
Ioannis Gkiatas	Assistant Professor of Orthopaedics, University of Ioannina
Christos Konstantinidis	Consultant Orthopaedic Surgeon, General Hospital “Hatzikosta”, Ioannina
Anastasios Korompilias	Professor of Orthopaedics, University of Ioannina
Dimitrios Kosmas	Consultant Orthopaedic Surgeon, University Hospital of Ioannina
Ioannis Kostas – Agnantis	Director, Department of Orthopaedics, University Hospital of Ioannina
Dimitra Kotsaki	Orthopaedic Surgeon, “Hygeia” Hospital, Athens
Sotirios Plakoutsis	Consultant Orthopaedic Surgeon, General Hospital “Hatzikosta”, Ioannina
Nikolaos Stefanou	Orthopaedic Surgeon, Larissa
Ioannis Tsionos	Director, Department of Orthopaedics, Hospital of Karditsa